



新年快樂

腓立比書

Happy New Year

Philippians 4:4, 3:13-14

腓立比書 Philippians 4:4

4 你們要靠主常常喜樂，我再說，你們要喜樂！

**4 Rejoice in the Lord always. I will say it again:
Rejoice!**



腓立比書 Philippians 3:13-14

13 弟兄們，我不是以為自己已經得著了，我只有一件事，就是忘記背後，努力面前的，

14 向著標竿直跑，要得神在基督耶穌裡從上面召我來得的獎賞。

13 Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead,

14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

一 喜樂的真諦 The true meaning of joy

箴言 Proverbs 17:22

22 喜樂的心乃是良藥，憂傷的靈使骨枯乾。

22 A cheerful heart is good medicine, but a crushed spirit dries up the bones.



二 卸下重擔 Relieve the burden

腓立比書 Philippians 3:13-14

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**14 I press on toward the goal to
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Jesus.**

詩篇 Psalm 46:10

10 你們要休息，要知道我是神。

10 Be still, and know that I am God ;



一 喜樂的真諦

1 The true meaning of joy

三 給予才會喜樂

3. Giving brings joy

二 卸下重擔

2. Relieve the burden

四 喜樂是選擇

4. Joy is choice



新年快乐。

愿耶和华赐福给你，保护你。

愿耶和华使他的脸光照你，赐恩给你。

愿耶和华向你仰脸，赐你平安。民数记6:24-26



Wishing you a
Happy New Year
and blessed year
ahead. May
God's light
guide your way
in 2024.